



Welburn Hall Weekly

Friday 15 May 2026

Hello and welcome to our weekly Newsletter.....



School dinner arrears

School meals must be paid for in advance. **We are currently over £280 in arrears. Please settle your account in full.** Automatic top-up, for as little as £5, can be set up on Parent Pay.

Thank you for your understanding

Food Tech Contributions

There are **Food Tech payments of £6 on ParentPay**, only for those learners who are doing Food Tech the next half term.

Please look on your **ParentPay** for this; it's **£1 per week** for these life skills lessons. Thank you



Parent Pay activation letters have been sent home in book bags.

If you haven't already done so, can we please request that you log in and activate your account. Even if your child has free school meals we still need parents to have their own Parent Pay account.

Your help is greatly appreciated. Thank you.

Lunch Wk 2	Main option 1	Vegetarian option 2	Options 3 or 4	Pudding
Mon	All day breakfast 	Mac & cheese V 	Ham & cheese panini Or Tuna jacket potato	Oaty cookie VG
Tues	Crispy salmon strips 	BBQ cheese pasta V 	Cheese/bean jacket potato V Or Cheese panini V	Lemon drizzle bun V
Weds	Roast beef & Yorkshire pudding 	Veggie slice V 	Cheesy jacket potato V Or Tuna and cheese panini	Fruit & ice cream V
Thurs	Chicken korma & rice 	Veg sausage mash & gravy V 	Cheese jacket potato V Or Tuna sandwich	Flapjack VG
Fri	Battered fish & chips 	Veggie quiche V 	Roast veg pasta VG Or Cheese sandwich V	Doughnut muffin V

We are a nut aware school

V – Vegetarian VG – Vegan. Jan 2026



RESPECT



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EXCELLENCE



Heads-up!

Dear Parents and Carers,

Welcome to this week's edition of the newsletter.

It has been an exciting time for some of our older learners this week as they have taken part in a residential visit to Peat Rigg. We are looking forward to hearing all about it on their return and I am sure we will have lots of pictures to share with you next week.

Mental Health Awareness week will be celebrated in school next week. We have lots of activities planned which you can see in the information below. Please note that on Friday, learners can "wear whatever makes you smile" and therefore learners may choose to wear clothes other than their uniform. Please remind learners that clothing must still be appropriate, and yes "fancy dress" is allowed!

This is not just a one-off week for Welburn Hall; mental health is a subject that is taught throughout the year and is central to our learner's development. I am sure we will have lots to share with you next week but in the meantime, our website also has links to information to support mental health.

Have a lovely weekend.

Alison



Here's Rachael's class enjoying fine weather al fresco dining, made possible by one of the new bench sets purchased by our HSA.

They have also asked us to remind parents and carers that they are still looking for donations of plants, shrubs, seeds, compost and herbs.
Thank you!



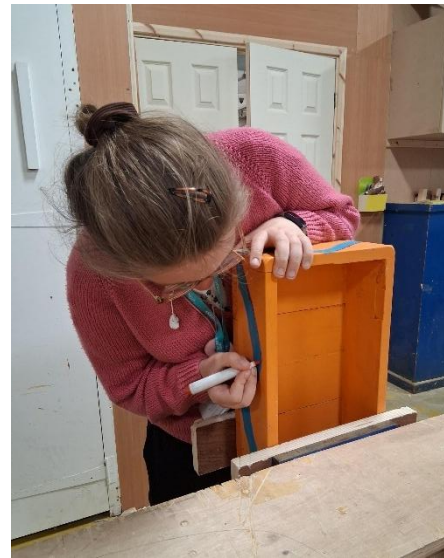
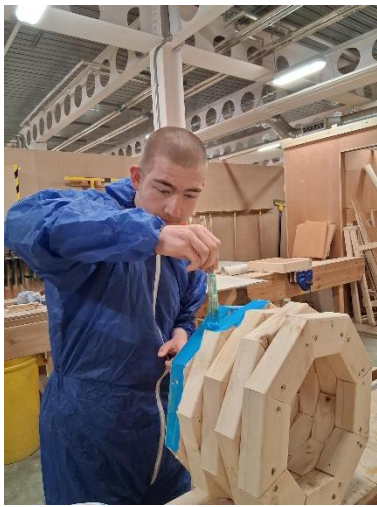
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At York College some of the learners finished painting the boxes that they had made, whilst the others painted their planters.



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Next week is mental health awareness week and this years' theme is Take Action!
So here are just some of the things your child's class will be taking part in.



Wednesday - Into the Wild:

- ☺ Take a walk on the wild side- collect leaves, sticks, shells, flowers and stones from the natural environment to create an interesting art piece; focus on the sights, smells and sounds of the outside; do a scavenger hunt for specific objects, or things of the same colour; use the bird spotter app to identify bird sounds; take photos and create a photo collage/presentation using IT or short video.
- ☺ Eat alfresco- enjoy your snacks outside with a blanket or one of our picnic benches.
- ☺ Put up a tent or make your own blanket den and enjoy imaginative play/ mindful moments- make a pretend fire out of sticks, lay blankets and cloud gaze, sit in the tent and listen to the rain.
- ☺ Story telling circle- read or listen to a story outside; lead a chat circle by introducing a topic, questions or objects that prompt learners to share or create their own stories.
- ☺ Play outside games- team/paired sports, hide and seek, tag, ball or frisbee throwing.

Thursday - What Floats your Boat

- ☺ Set a group activity- create a dance or learn a song; create a make-shift obstacle course (bounce a ball, balance, time challenges, roll, jump etc); build a tower; create a costume/ fashion piece out of paper, (there's loads of stem challenges out there on the internet!)
- ☺ What about board games; movie and snacks; karaoke; pamper party; game of rounders; dressing up, tell a joke, create a funny sketch, learn a magic trick.
- ☺ STEM activities which require problem solving and working as a team.
- ☺ Creative challenges - forest schools art, design and build rockets, cloud drawing

Friday - Endorphin Day

- ☺ Each class will have a timed slot throughout the day to enjoy the disco bouncy castle or inflatable assault course.
- ☺ Play games and try all the new PE equipment.
- ☺ Take time to get the heart racing with some yoga or keep fit.
- ☺ Go for a jog.
- ☺ Try something new to get the heart pounding.
- ☺ Dance!
- ☺ Wear whatever makes you smile.



20TH, 21ST AND 22ND MAY

MENTAL HEALTH Awareness Week

Wednesday - Into The Wild
Spend time outdoors watching cloud, listening to the animals, going for a walk, exploring the ground, making art and music, have a picnic or try some yoga!

Thursday - What Floats Your Boat
Take time to work on group and practical activities which involve you exploring and investigating fun and fascinating things!

Friday - Endorphin Day
Bounce and use our inflatable assault course to get the blood pumping and happy chemicals flowing. Fun sports activities outdoors fo all.

Additional

- **Random Act of Kindness**
Do, make and say things that makes a friends day more positibe.
- **Mindfulness Activities**
Look at our 99 Ways for Good Well-Being booklet and see which you might like t try.
- **Be There**
Offer support and listen without judgment.

Wear whatever makes you smile on Friday 22nd May

EXCELLENCE

ART CLUB



At art club our school learners have focused on paying attention to detail and as a result produced some incredible still life pictures. Artist of the week certificates will be returning to Friday assemblies this week.

We still need lots of magazines for our next big project so please send any unwanted colour magazines our way!



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EXCELLENCE

ART CLUB

Our college learners are working in pairs to create hanging planters made from sticks that they have gathered from around our grounds.

It requires patience, teamwork and skilled hands to get the sticks aligned tightly enough to keep the structure together.

Well done art clubbers!



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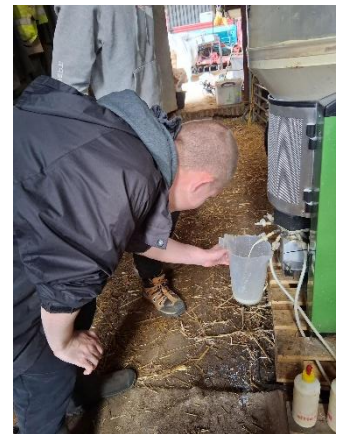


EXCELLENCE

For college work experience on the farm, they watched the vet cut the hooves on some of the cattle. And then bagged up some pellets.



All the pet lambs were in the barn so they bedded them up with fresh straw. After that they prepared the bottles of milk for some of the lambs in the field. They also found a poorly lamb so it was wrapped in a towel before putting it in the warming box.





North Yorkshire Safeguarding Children Partnership (NYSCP) aims to ensure all children in North Yorkshire are safe, happy, healthy and achieving.



If you are worried about a child – this is the duty number: 0300 131 2 131 Or see their website here:

<https://www.safeguardingchildren.co.uk/about-us/worried-about-a-child/>

TALKING ABOUT GROOMING



AND ONLINE EXPLOITATION

It's important to talk calmly and clearly – not to scare, but to prepare.

Tips



“Sometimes people online pretend to be kind, but they might have bad intention. If anyone ever asks you for private photos, wants to meet secretly, or makes you uncomfortable, tell me straight away – you won't be in trouble”

- Teach them the **'STOP – BLOCK – TELL'** rule: **STOP** talking to the person, **BLOCK** them, **TELL** a trusted adult
- Remind them to never share personal details – full name, school address or photos
- Encourage them to only talk to real-life friends online
- Keep devices in shared spaces where possible.

Key Messages for Parents and Carers

- Be involved – not intrusive; talk regularly about online life
- Guide, don't punish – encourage openness when mistakes happen
- Empower, don't frighten – teach critical thinking and resilience
- Celebrate positives – technology can build independence, skills and friendships when used safely.